

## What is the Early Intervention Program?

We offer specialized programs for the early identification, evaluation, and treatment of adolescents and young adults who have started experiencing certain troubling thoughts and/or experiences, or exhibiting changes in behavior, such as:

- ✓ *Hearing or seeing things that others do not see or hear*
- ✓ *Having unusual thoughts or beliefs that appear as strange to themselves or others*
- ✓ *Feeling fearful or suspicious of others, sometimes including others they usually trust*

We use an integrated approach to address the physical and mental health needs of young adults, including providing support for managing concerns with substance use. The EIP is committed to equipping individuals at risk for more serious mental health difficulties and their families with tools to manage these troubling thoughts and/or experiences, achieve their goals for school, work, and relationships, and establish a life of their choosing.



## Who does the Early Intervention Program serve?

- Individuals (aged 12-30) who have recently started having strange and unusual thoughts and/or experiences.
- Family members, friends, educators, and others interested in understanding more about what these experiences might mean, and learning how to help individuals connect with appropriate help.
- Health providers, behavioral health providers, and educators interested in
  - ✓ *Learning about how to help individuals who have recently started having troubling thoughts and/or experiences*
  - ✓ *Referring these individuals for appropriate help.*
  - ✓ *Receiving consultations on complex cases*

## What services are available?

Our goal is to develop a comprehensive, state-wide program, with services provided within the University of Maryland, as well as by satellite sites across the state. All EIP activities are guided by a multi-disciplinary Advisory Council which includes youth and adults who have experienced these mental health difficulties, and family members. We integrate research into each of these components and will focus on using existing/new objective methods for recognizing individuals having these troubling thoughts and/or experiences, and predicting who might be at increased risk for more serious conditions. Researchers will also attempt to improve understanding of how these conditions progress, and what treatments work best to help individuals manage these experiences and move forward with a life of their choosing.

- **Screening Services** –for individuals having unusual thoughts and/or experiences that may indicate early signs or initial stages of certain mental health conditions.
- **Referral Services** – for individuals and/or their families looking to find services and treatment locations for these experiences in their local area.
- **Consultation Services** – to individuals regarding identification and treatment for these troubling thoughts and/or experiences.

### How can I learn more?

To get more information, request education, make referrals, or request consultations, contact us:

**(877) 277-MEIP (6347)**

**E-mail** [info@MarylandEIP.com](mailto:info@MarylandEIP.com)

**Visit our website** [www.MarylandEIP.com](http://www.MarylandEIP.com)